

From Pain to Purpose

Amy K.'s Story



“There is just this unspoken calm and relief that washes over me when I feel heard and understood.”

Scan to Listen to Amy's Stroke Story and Interview or Visit:
<https://www.beyondstillness.org/listen-here#amy>



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Roots of Resilience

Carmine Indindoli's Story



**"But we keep going. We get up.
We challenge ourselves. And with
time, something shifts."**

**Scan to Listen to Carmine's Stroke Story and Interview or Visit:
<https://www.beyondstillness.org/listen-here#carmine>**



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From Warning Signs to Wisdom Grace Tsang's Story



"I now see my experience with stroke as an opportunity to change the way I look at life. As a result, my life has changed."

Scan to Listen to Grace's Stroke Story and Interview or Visit:
<https://www.beyondstillness.org/listen-here#grace>



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Words I Couldn't Say

Frida Swenson's Story



**"In sharing my story, I work to
offer hope, connect with others,
and live with purpose."**

**Scan to Listen to Frida's Stroke Story and Interview or Visit:
<https://www.beyondstillness.org/listen-here#frida>**



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Transform Luck to Systematic Change

Chuck Toeniskoetter's Story



“Our stories are living proof of the importance of timely and comprehensive stroke care...Every stroke victim deserves the care we received.”

Scan to Listen to Chuck's Stroke Story and Interview or Visit:
<https://www.beyondstillness.org/listen-here#chuck>



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Part of Something Greater

Chris Wilder's Story



“If you look at statistics, saving one life isn’t much. But to me, one is a part of many. One is a part of something greater...Together, we are something greater.”

**Scan to Listen to Chris’ Stroke Story and Interview or Visit:
<https://www.beyondstillness.org/listen-here#chriswilder>**



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